

### 10.13 FOOD SERVICES PROGRAM

The Board of Education recognizes the midday meal as an important part of each school student's day. The basic purpose of the food program is to provide nourishing, wholesome food for children.

The Board shall provide cafeteria facilities in each of the schools of this District and food service for the purchase and consumption of breakfast and lunch in all the schools of this District. The Board shall annually encumber the funds needed to operate the program.

The food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages as well as to the fiscal management of the program.

Unless they have been excused by the principal, all students are expected to remain at school for lunch.

Food sold by the school may be purchased only by students, employees of the Board employed in the building, residents of the District who are sixty (60) years of age or older, and visitors, and only for consumption on school premises.

The operation and supervision of the food services program shall be the responsibility of the cafeteria supervisor under the direction of the assistant superintendent. The cafeteria supervisor or the assistant superintendent will be responsible for preparing a report on the District's compliance with its food service program standards, which will be presented at a regular board meeting.

A periodic review of the food-service accounts shall be made by the Treasurer. Any surplus funds from the National School Lunch Program shall be used to reduce the cost of the service to students or to purchase cafeteria equipment. Surplus funds from a-la-carte foods may accrue to the food-service program fund.

No foods or beverages, other than those associated with the District's food service program, are to be sold during food-service hours. The District shall serve only nutritious food as determined by the Food Service Department and shall not purchase with food-service funds and shall not serve, in any food service area during meal-serving hours, carbonated beverages, water ices, chewing gum, hard candy (including breath mints and cough drops), jellies and gums, marshmallow candies, fondant (creamy sugar candy), licorice, spun candy and candy-coated popcorn. Foods and beverages unassociated with the food-service program may be vended in accordance with Board policy 10.15.

The District shall participate in the Federal School Lunch Program.

At least one employee who has received instruction in methods to prevent choking and has demonstrated an ability to perform the Heimlich maneuver shall be present while students are being served food.

The following guidelines are required by ORC 3313.816 as a result of SB 210 on sale of snacks and beverage restrictions.

These guidelines are in affect from the start of the first school sponsored activity until the last school sponsored activity.

Grades K-5- Water, Milk- fat-free (skim) or low fat (1% fat or less) flavored or unflavored, 8 ounces or less of 100% fruit juice. No other beverage is permitted.

Grades 6-8- Water, Milk- fat-free (skim) or low fat (1% fat or less) flavored or unflavored, 8 ounces or less of 100% fruit juice. No other beverage is permitted.

Grades 9-12- Water, Milk- fat-free (skim) or low fat (1% fat or less) flavored or unflavored, 8 ounces or less of 100% fruit juice, or a 100% fruit juice and water blend with no added sweeteners that contains no more than 160 calories per 8 ounces. 12 ounces or less of any beverage that contains no more than 66 calories per 8 ounces, or any size of beverage that contains no more than 10 calories per 8 ounces. The latter may include caffeinated beverages and beverages with added sweeteners, carbonation, or artificial flavoring. No other beverage is permitted.

Guidelines for healthier snacks served outside the school lunch program.

- ☐☐☐Up to 550-650 calories for elementary, 600-700 for middle, 750-850 for high school (5-day week)

- Up to 35% calories from fat
- Up to 10% calories from saturated fat
- 0g trans fat
- Up to 35% sugar by weight

\*The exception to these guidelines is an athletic boosters concession stand

Revised 3/2012 & 9/2024

Board Approved 3/15/2012 & 9/19/24