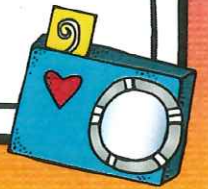


JANUARY 2019

How can 2018 have come and gone already? We wish everyone a happy and safe new 2019 year!



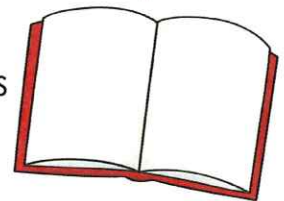
DFE



Growth Mindset

Help Them Change Their Dialogue

The way your child talks to himself makes a huge impact on his mindset. If he says, "This is too hard!" help him change that to "I can't do this yet, but I will keep trying." Give him the words to say when he is feeling defeated by modeling it your self.



Upcoming Events

- January 2- Teacher Work Day
- January 3- Students return to school
- January 4- Report Cards come home
- January 9- District Spelling Bee
- January 21- No School Martin Luther King Jr Day
- January 29- Deputy Phill for Grades 1 and 2



Is it bullying? What is it?

Teasing

- Everyone is having fun
- No one is getting hurt
- Everyone is participating

Conflict

- No one is having fun
- There is a possible solution to the disagreement
- Equal balance of power

Mean Moment

- Someone is being hurt on purpose
- Reaction is a strong feeling or emotion
- An isolated event (does not happen regularly)

Bullying

- Attacked physically, socially, and/or emotionally AND
- Unequal balance of power
- Happens more than once over a period of time
- Someone is being hurt on purpose

